



pillar PERFORMANCE

PILATES CLASS SCHEDULE

MONDAY

10 am	Silvia Giamanco	Solana Beach
5 pm	Trish DaCosta	Encinitas
6 pm	Ingrid Johnson	Encinitas

TUESDAY

No Scheduled Classes

WEDNESDAY

9 am	Richelle Sant	Solana Beach
10 am	Richelle Sant	Solana Beach
6 pm	Jen Bellenger	Encinitas

THURSDAY

10 am	Richelle Sant	Solana Beach
6 pm	Ingrid Johnson	Encinitas

FRIDAY

7 am	Trish DaCosta	Solana Beach
10 am	Trish DaCosta	Solana Beach

SATURDAY

9 am	Ingrid Johnson	Encinitas
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ENCINITAS -

1010 S Coast Highway 101 Suite 107
Encinitas, CA 92024
(Entrance behind building off 2nd Street)



SOLANA BEACH -

570 Stevens Ave
Solana Beach, CA 92075

- * To sign up, email cn@pillarinmotion.com or call 760-479-1944
- * Class rate \$35 - paid in full at 1st of each month
- * Classes are 50min
- * 2 or more students required per class

www.pillarinmotion.com