



pillar PERFORMANCE

PILATES CLASS SCHEDULE

MONDAY

10 am	Susie Leisten	SB
6 pm	Ingrid Johnson	ENC

TUESDAY

10:30 am	Susie Leisten	SB
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WEDNESDAY

11 am	Melissa Condron	SB
6 pm	Jen Bellenger	ENC

THURSDAY

10 am	Melissa Condron	SB
6 pm	Jen Bellenger	ENC

FRIDAY

7 am	Trish DaCosta	SB
10 am	Trish DaCosta	SB

SATURDAY

9 am	Ingrid Johnson	ENC
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Encinitas -

1010 S Coast Highway 101 Suite 107
Encinitas, CA 92024
(Entrance behind building off 2nd Street)



Solana Beach -

570 Stevens Ave
Solana Beach, CA 92075

*To sign up email cn@pillarinmotion.com or call 760-479-1944

*Class rate \$35 - paid in full at 1st of each month, Drop-In rate \$40

*Classes are 50min

*2 or more students required per class

www.pillarinmotion.com