

pillar PERFORMANCE

EDUCATION APPLICATION

SUBMIT your application to: **pillar**PERFORMANCE, 1010 S Coast Hwy 101 #107, Encinitas, CA 92024

TF: 1.888.838.3664, ext. 12 **E-mail:** edu@pillarinmotion.com **Website:** http://www.pillarinmotion.com

First Name: _____ **Last Name:** _____

Mailing Address: _____ **City, State & Zip:** _____

Phone: _____ **E-Mail:** _____

REGISTRATION POLICIES

REFUND & TRANSFER POLICIES FOR ALL EDUCATION: The Application Fee (AF) is non-transferable and non-refundable. Prices are subject to change.

Registration fee (RF) of \$100.00 per education is the minimal requirement to reserve placement. (RF) payment is deducted from Total fee per education. Refund(s) will be processed in full payment if the registered education is not conducted.

STOTT PILATES® Education: INTENSIVE PROGRAMS (Level 1)

STOTT PILATES® Education: ADVANCED PROGRAM (Level 2)

<p>___ IMP: Intensive Mat-Plus™ (40 hrs) Total: \$1,419.97*</p> <p>Prerequisites: Knowledge of functional anatomy & 30+ hours of Pilates classes Continuing Education Credits: 4.0 STOTT PILATES®, 40.0 PMA®, 4.0 ACE®</p>	<p>___ AM: Advanced Matwork (6 hrs) Total: \$319.76*</p> <p>Prerequisites: IMP Course Continuing Education Credits: 0.6 STOTT PILATES®, 6.0 PMA®, 0.6 ACE®</p>
<p>___ IMP: Intensive Mat-Plus™ (40 hrs) & AM: Advanced Matwork (6 hrs) Total: \$1,739.73*</p> <p>Prerequisites: Knowledge of functional anatomy & 30+ hours of Pilates classes Continuing Education Credits: 4.0 STOTT PILATES®, 40.0 PMA®, 4.0 ACE®</p>	
<p>___ IR: Intensive Reformer (50 hrs) Total: \$1,943.46* (Require Mat & Reformer Support Materials Manual, \$32.48)</p> <p>Prerequisites: Knowledge of functional anatomy & 30+ hours of Pilates classes Continuing Education Credits: 5.0 STOTT PILATES®, 50.0 PMA®, 5.0 ACE®</p>	<p>___ AR: Advanced Reformer (18 hrs) Total: \$886.34*</p> <p>Prerequisites: IR Course Continuing Education Credits: 1.8 STOTT PILATES®, 18.0 PMA®, 1.8 ACE®</p>
<p>___ ICCB: Intensive Cadillac, Chair and Barrels (50 hrs) Total: \$2,362.28*</p> <p>___ ICAD: Intensive Cadillac Module (25 hrs); Total: \$1,287.30*</p> <p>___ ICHR: Intensive Chair Module (15 hrs); Total: \$771.09*</p> <p>___ IBRL: Intensive Barrels Module (10 hrs); Total: \$703.89*</p> <p>Prerequisites: IMP Course or IR Course Continuing Education Credits: 5.0 STOTT PILATES®, 50.0 PMA®, 5.0 ACE®</p>	<p>___ ACCB: Advanced Cadillac, Chair and Barrels (12 hrs) Total: \$672.32*</p> <p>___ ACAD: Advanced Cadillac Module (6 hrs); Total: \$323.66*</p> <p>___ ACHR: Advanced Chair Module (3 hrs); Total: \$273.66*</p> <p>___ ABRL: Advanced Barrels Module (3 hrs); Total: \$225.00*</p> <p>Prerequisites: ICCB or ICAD, ICHR, IBRL (for respective advanced module) Continuing Education Credits: 1.2 STOTT PILATES®, 12.0 PMA®, 1.2 ACE®</p>
<p>___ ISP: INJURIES & SPECIAL POPULATIONS (24 hrs) Total: \$1,501.91*</p> <p>Prerequisites: IMP Course or IR Course Continuing Education Credits: 2.4 STOTT PILATES®, 24.0 PMA®, 2.4 ACE®</p>	

STOTT PILATES® CERTIFICATION EXAM: Achieve internationally recognized STOTT PILATES® Certification

___ **Level 1 Exam** or ___ **Level 2 Exam:** ___ Mat ___ Reformer ___ Mat & Reformer ___ Mat, Reformer, Cadillac, Chair & Barrels

___ **Full Exam** (Combined Level 1 & Level 2 of Mat, Reformer, Cadillac, Chair & Barrels)

E-mail: edu@pillarinmotion.com or **T:** 1.888.838.3664, ext. 12 to **Inquire Exam Fee & Schedule Exam Date**

KINETIC CHAIN® Education

Supplement current instruction & programming and Earn Maximum 0.2 STOTT PILATES® CECs annually and 1.0 PMA® CECs per hour

<p>___ Part A: Functional Anatomy for Movements (8 hrs) Total: \$375.00*</p> <p>Prerequisites: None Continuing Education Credits: 0.2 STOTT PILATES®, 8 PMA®</p>	<p>___ Part B: C.O.R.E. Principles & Movements (8 hrs) Total: \$375.00*</p> <p>Prerequisites: Part A Continuing Education Credits: 0.2 STOTT PILATES®, 8 PMA®</p>	<p>___ Part C: KINETIC CHAIN® Training in Motion App Total: Monthly Subscription</p> <p>Prerequisites: Part A & B</p>
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EDUCATION DATE(S)

___ **STOTT PILATES® Education** _____

___ **KINETIC CHAIN® Education** _____

* Education materials are included

Recommended supplementary materials (manuals, DVDs, small equipment & props) are available for purchase with **pillar**PERFORMANCE

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EDUCATION

Degrees & Certificates (i.e. Dance, Kinesiology, Physical Therapy, GYROTONIC®, GYROKINESIS®, MELT Method®, Yoga, ACE, AFAA, NASM, PMA) or submit Resume:

Degree(s): _____
Certificate(s): _____

Anatomy and/or Biomechanics Education:

Course/Workshop: _____; When: _____; Location: _____

EXPERIENCE

Pilates Self-Practice:

Pilates Method? (STOTT PILATES® or Other) _____
Mat: _____: _____ none, _____ 1 - 10 hours, _____ 10 - 30 hours, _____ 30+ hours, _____ 1 year, _____ 2+ years
Reformer: _____: _____ none, _____ 1 - 10 hours, _____ 10 - 30 hours, _____ 30+ hours, _____ 1 year, _____ 2+ years
Other (Cadillac, Chair and/or Barrels): _____: _____ none, _____ 1 - 10 hours, _____ 10 - 30 hours, _____ 30+ hours, _____ 1 year, _____ 2+ years
Location(s): _____

Fitness Instruction and/or Coaching Experience & Duration:

Type(s) of Instruction / Duration: _____
Location(s): _____

ADDITIONAL INFORMATION

Physical participation is required. Any physical concerns acquired during the education that impede physical participant will not exempt student from completing all required hours.
- List any injuries, conditions or postural concerns that I know may limit my performances during the education (Medical clearance may be required).

How I heard about the education at pillarPERFORMANCE:

Referral Name(s): _____
_____ pillarPERFORMANCE Website; _____ Merrithew™ Website; or _____ Social Media: _____

Additional education I aspire to register:

- ◆ _____ Matwork (IMP) _____ Reformer (IR) _____ Cadillac (ICAD) _____ Chair (ICHR) _____ Barrels (IBRLS) _____ Injuries & Special Populations (ISP)
- ◆ _____ Matwork (AM) _____ Reformer (AR) _____ Cadillac (ACAD) _____ Chair (ACHR) _____ Barrels (ABRLS)

The Certification(s) I aspire to achieve:

- ◆ STOTT PILATES® Level 1 Certification (Essential & Intermediate)
 - _____ Matwork
 - _____ Reformer
 - _____ Matwork & Reformer
 - _____ Matwork, Reformer, Cadillac, Chair & Barrels

- ◆ STOTT PILATES® Level 1 & 2 Certification (Essential, Intermediate & Advanced)
 - _____ Matwork
 - _____ Reformer
 - _____ Matwork & Reformer
 - _____ Matwork, Reformer, Cadillac, Chair & Barrels

- ◆ STOTT PILATES® Full Certification (Essential, Intermediate, Advanced & ISP)
 - _____ Matwork, Reformer, Cadillac, Chair & Barrels & Completion of the ISP Course

APPLICANT'S CHECKLIST

I have included the following documents with the application:

- STOTT PILATES® Education: _____ Two letters of reference
_____ Minimum 30 hours of Pilates sessions or _____ Purchase course materials to familiarize names, exercises & complete 30 hours prior to start date
_____ Letter of Completion in Anatomy (Functional anatomy knowledge is encouraged)
_____ I would like to register for KINETIC CHAIN® Training - Functional Anatomy for Movements to gain anatomy knowledge (Optional education)
E-mail edu@pillarinmotion.com to inquire fee & education date
_____ I am submitting a Letter of Completion for respective Intensive Course - IMP, IR, ICAD, ICHR or IBRL as it is not my first STOTT PILATES® Course

PAYMENT INFORMATION

Amount: _____ ◆ _____ Check (Check payable to pillarPERFORMANCE); ◆ _____ Visa; ◆ _____ MasterCard; ◆ _____ American Express

Credit Card #: _____; Expiration Date: _____; CVC Code: _____

Credit Card Name: _____ Signature: _____ Date: _____

(I authorize pillarPERFORMANCE to charge the above Credit Card for the payment indicated above)